STAFF PREPAREDNESS TO COME TO WORK DURING EMERGENCY/WEATHER EVENTS

Prepare yourself and your family for your potential stay at JHM during a weather or emergency event by making a plan <u>before</u> the actual event occurs.

Things to consider when making your plan:

1. How will I get to work in a weather related event?

- Do I have a 4 wheel drive vehicle or can I make arrangements with someone I work with to catch a ride?
- Is there somewhere I can park my car close to home where I can get out easier if it snows like at the end of the driveway or outside a small court.
- Leave earlier than usual to allot for the extra time it may take you to get to work on time or to avoid the heaviest portion of the storm.
- Has your car been prepared or made ready to drive during a snow storm plenty of gas, anti-freeze in radiator, ice scraper, blanket, shovel, etc.
- Determine if normal travel routes have been cleared by the county or city and if not plan an alternate travel route.

2. Who will take care of my children, pets or elderly/dependents while I am at work?

- Make arrangements (in advance) for a neighbor or other family member to care for your pets, children, elderly, or others who may depend on you.
- Have you provided a key or a way into your home when you are not there?
- Can they pick the children up from school or daycare if there is an early closing?
- Keep emergency contact numbers including doctors' phone numbers, your work numbers, medical history or medication schedules for your back up care providers in a convenient location and explain to them where it is kept.
- Make sure prescriptions are <u>always</u> filled and that you have at least <u>one weeks'</u> worth of medications, diapers, formula, pet food or other specialty items on hand

3. What do I need to bring to work with me?

Pack a bag and include at least the following:

- One or two changes of clothes
- A change of shoes (you should wear boots or warm shoes in case you get stuck in the snow/bad weather prior to arriving at JHH)
- THREE days worth of your medications
- Toiletries
- Cell phone and charger (fully charge your cell phone the evening before your scheduled shift)